

BALMAIN LITTLE ATHLETICS CENTRE

GALA DAY 2018

Saturday 3rd March

Saturday 3rd March will see the running of the very first Balmain LAC Gala Day.

This is a free event where each age group completes their usual Program 3 events then finishes off with a free BBQ & drink.

There are **two trophies up for grabs in every age group**. One for the winner of a nominated Championship event and the other for the athlete achieving the biggest PB.

THE INAUGURAL BALMAIN GIFT

The feature event of the day is the **Balmain Gift**. This is a junior athlete inspired race to challenge our National 800m Champion - Angus Beer. Sixteen athletes will be selected for a handicap race where each athlete sets off at a designated time. Then we see if Angus can run them down. Cheer for the athletes representing your own age group.

TWO TROPHIES TO BE AWARDED IN EACH AGE GROUP

Adding to the celebration of the day will be impromptu parent races. Be well prepared, warmed up and ready to go as challenges get laid down amongst our parents.

Who will accept the **Egg Toss Challenge**?

Medals will be awarded to the duo who completes the longest successful egg throw and catch.

Athletes will be able to meet our Club Mascot Peebie and enjoy themselves on the Giant Tiger Jumping Castle.



GALA DAY EVENT TIMETABLE

8:00am	U10 Racewalk
8:10am	U9 Racewalk
8:20am	State Rep Photo
8:40am	Balmain Gift 800m
8:45am	Usual events commence
9:00am	Tiger Castle opens
9:15am	Free BBQ opens
9:30am	Egg Toss Comp

Coming Soon...

PRESENTATION DAY

When: Saturday 28th April, 3-5pm

Where: Annandale Village Church, corner Johnston & Booth St, Annandale

What: Every athlete receives an award. Special trophies for the first three placegetters in both Points & PBs in every age group.

End of season video presentation
AGM & election of the 2018/19 Committee

Please let us know if you have reached your 5 year or 10 year anniversary at BLAC
info@balmainlac.org.au

